

MEDIA KIT



STUART JAMES-FOY

Psychic Medium | Spiritual Mentor & Coach

Multi-Award-Winning Author & Filmmaker

ACTIVATE YOUR DESTINY

UNLEASH YOUR DREAM LIFE

TELEVISION | RADIO | PODCASTS
PRESS | FILM | SPEAKING

stuartjamesfoy.com



About Stuart

A grounded spiritual authority with more than 25 years of lived and professional experience.



SHORT BIO

Stuart James-Foy is a psychic medium, spiritual mentor and coach, multi-award-winning author and filmmaker. With more than 25 years' experience, his work combines spiritual insight with grounded transformation to help people find greater clarity, alignment and direction in life and business.

Stuart James-Foy is a psychic medium, spiritual mentor and coach, multi-award-winning author and filmmaker.

For more than 30 years, his work has brought together evidential mediumship, intuitive insight and grounded personal transformation.

His development has included training at the internationally renowned Arthur Findlay College, where tutors included respected teachers of mediumship Glyn Edwards.

Stuart's work has taken him across television, radio, podcasts, publishing, live events and film. His media experience includes BBC News, BBC Radio, Channel 4, Jim Harold's The Paranormal Podcast, interviews with paranormal researcher and author Rosemary Ellen Guiley, and specialist spiritual and paranormal media.

He is co-author of the multi-award-winning Parting the Veil How to Communicate with the Spirit World and has worked in film as Producer and Psychic Consultant on the award-winning short film, LUCI.

Stuart's work is also rooted in lived transformation. Having experienced significant adversity in childhood and early life, his lifelong connection with spirit became a source of meaning, resilience and direction.

Those experiences ultimately shaped the philosophy behind Activate Your Destiny, Unleash your Dream Life: that what happens to us can influence our story without having to determine what happens next.

Today, Stuart helps soul-led individuals find clarity, alignment and direction in life and business. His approach is grounded in personal agency: spiritual guidance should support free will, not replace it.

"The future is not something we simply wait to discover. Our choices, actions and alignment help shape what comes next."

Expertise & Interview Topics

Thoughtful, grounded conversations around modern spirituality, mediumship, transformation and change.

01 TRANSFORMATION THROUGH SPIRIT

Using mediumistic and intuitive insight as a catalyst for healing, clarity and meaningful change.

02 THE FUTURE IS NOT FIXED

What psychic insight can reveal, and why choice, alignment and action creates your future.

03 NAVIGATING A CHANGING WORLD

Why discernment, intuition and grounded decision-making matter more than ever in periods of uncertainty and rapid change.

04 MANIFESTATION, CHOICE & RESPONSIBILITY

Moving beyond wishful thinking into intention, inner knowing and aligned action.

05 LABELS LIMIT LIBERATION

How labels can explain part of a story without becoming the boundaries of a person's identity or future.

06 PSYCHIC PROTECTION WITHOUT FEAR

A calm, professional approach to spiritual boundaries, energetic wellbeing and paranormal concerns.

Additional areas include intuition, mediumship development, spiritual discernment, paranormal phenomena, healing, personal alignment and human potential.

Selected Media & Broadcast

Selected appearances and media recognition across mainstream and specialist platforms.



BBC NEWS

Featured as a psychic medium in connection with a paranormal investigation at Dudley Castle.



CHANNEL 4

Invited to appear on Come Dine With Me as a psychic medium and expert contributor.

Meet this month's team of experts

Stuart & Dean
Stuart & Dean James-Foy are international psychic mediums and award-winning authors of *Parting the Veil*.

Tony Stockwell
is a world-renowned psychic at The Arthur Findlay College. He has published a number of books including the best-selling *Mediumship*.

Clive Carter
is the co-owner of Nature's Treasures where he channels his passion for crystals. Visit [the Nature's Treasures website](#).

Jyoti Jo Manuel
is a long standing yoga and compassionate mindfulness practitioner, and the founder of Special Yoga ([specialyoga.org.uk](#)). She

SOUL & SPIRIT MAGAZINE

Published contributor, expert panel participant and award recipient.



ROSEMARY ELLEN GUILLEY

Interviewed on Strange Dimensions and in other specialist broadcast conversations.

PODCAST

THE PARANORMAL PODCAST

with **Jim Harold**

Guest discussing mediumship, the spirit world and *Parting the Veil*.

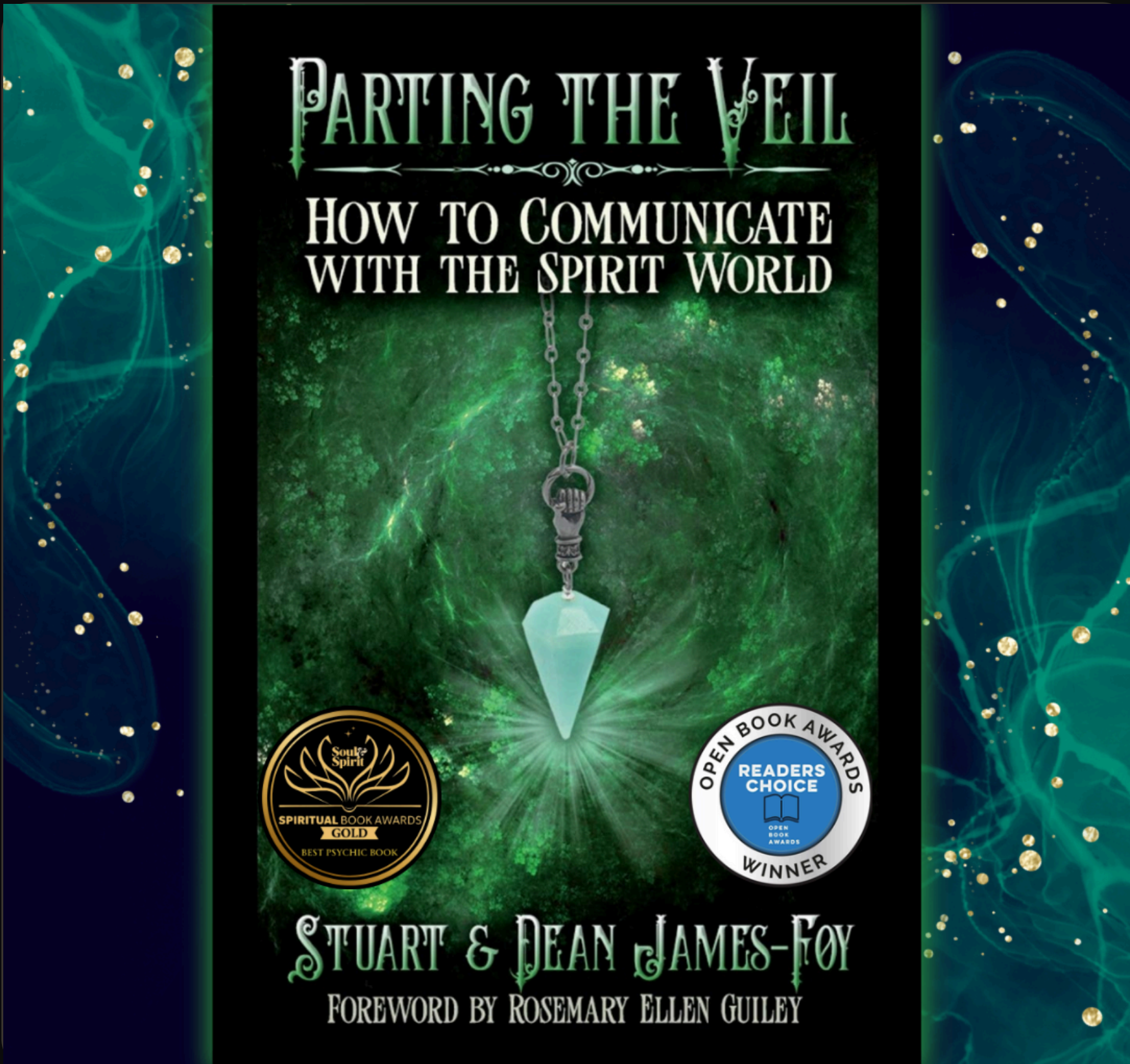
FEATURED GUEST

INTO THE OUTER REALMS

Conversations on mediumship, spiritual phenomena and paranormal experience.

Awards, Publishing & Film

Recognition across publishing and independent film.



PUBLISHING

PARTING THE VEIL

How to Communicate with the Spirit World

by **Stuart James-Foy & Dean James-Foy**

A practical exploration of mediumship and developing communication with the spirit world.

WINNER OF SOUL & SPIRIT
Spiritual Book Gold Award
Best Psychic Book 2018

2025 Readers' Choice Award

FILM

LUCI

Producer | Psychic Consultant

Stuart contributed both behind and in front of the camera, providing specialist insight into mediumship, psychic phenomena and the paranormal.

Independent film recognition

Festival recognition includes a win, honourable mentions, finalist status and official selections across the UK, United States and Australia.

Professional Recognition

Independent recognition from established figures within spiritual and paranormal publishing.



ROSEMARY ELLEN GUILLEY

Renowned paranormal researcher, broadcaster and prolific author Rosemary Ellen Guiley supported Stuart and Dean James-Foy's mediumistic work. She interviewed them, sponsored and supported appearances in the United States, and invited them to contribute an endorsement to her book, *Guide to Psychic Protection*. Their endorsement appeared on the published back cover.

"I have witnessed their ability to make contact and deliver, with compassion and sensitivity, meaningful messages from departed loved ones."

ROSEMARY ELLEN GUILLEY

KARL PETRY

Psychic medium and author Karl Petry has written about experiences involving Stuart's work in published work, including *Time Slips: A Common sense Approach* and *Somewhere the Dead Are Singing*.

"I have participated in spirit circles with Stuart and Dean James-Foy, and they are masters of their craft."

KARL PETRY

These references form part of a professional history spanning mediumship, publishing, paranormal investigation and spiritual education.

Flagship Keynote

FROM TRAUMA TO TRIUMPH

A Story of Spirit, Resilience, Hope & Healing

Stuart James-Foy shares the deeply personal story behind ***Activate Your Destiny, Unleash Your Dream Life.***

Growing up through significant childhood adversity, Stuart's lifelong connection with spirit became a source of meaning, resilience and direction. What began as a way of navigating a world that often felt unsafe would ultimately shape the philosophy by which he built his life.

From Trauma to Triumph is not a story about remaining defined by what happened. It is a story about what can become possible when we begin separating experience from identity, reclaiming choice and deciding that the past will not be allowed to write the rest of the future.

With warmth, vulnerability, humour and grounded spiritual insight, Stuart explores trauma, identity, boundaries, forgiveness, chosen family, mediumship, healing and the extraordinary moment when surviving begins to become living.

His story ultimately asks one powerful question:
What if what happened to you does not have to determine what happens next?



A powerful keynote for audiences exploring resilience, transformation, identity, spirituality, personal agency and what it means to consciously create the next chapter of your life.

Speaker & Guest Expert

Warm, grounded and conversational. Available for thoughtful mainstream and specialist conversations.



AVAILABLE FOR

- + **Television & Radio**
- + **Podcast Interviews**
- + **Documentaries**
- + **Expert Commentary**
- + **Panels & Discussions**
- + **Live Talks**
- + **Guest Teaching**
- + **Selected Collaborations**

CONVERSATION STARTERS

- 01** **What the Dead Have Taught Me About Living**
- 02** **Uncover Who You Can Become**
- 03** **Can We Really Predict the Future?**
- 04** **What Happens When You Finally Choose Yourself?**
- 05** **Paranormal Without the Panic**

Stuart brings more than three decades of lived experience across mediumship, spirituality, healing and transformation. His style combines spiritual insight with personal responsibility, humour and practical perspective.

UK-based | International | In person or remote

CONTACT

MAKING IT EASY TO BOOK STUART.

Approved photographs for editorial and promotional use in connection with interviews, podcasts, broadcasts, speaking engagements and features involving Stuart James-Foy. Please do not materially alter, recolour or use these images for unrelated commercial purposes.



MEDIA, PRESS, SPEAKING & GUEST EXPERT ENQUIRIES

Contact Stuart

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